

Encourage one another!

1.) Every day this week: Say something encouraging to every person in your immediate family. Be intentional and authentic!

2.) At least once this week, reach out to someone who lives alone. Isolation has been very hard and many who live alone are vulnerable to covid. It's easy to be discouraged when you are alone.

3.) At least once this week write a written note to someone in your past who encouraged you—a teacher or youth counselor or mentor or pastor when you were growing up or who has had a huge impact on your life.

4.) Reach out to someone who you know who is in a tough time of life. It may be because of a break in a relationship. It may be someone who is dealing with the wound of the loss of a loved one.

Maybe someone you know recently received bad news about their health or the health of someone else.

It may be a lot of things. The loss of a job.

Listen to the voice of the Holy Spirit to lead you to the right person. Come along side them to bring them comfort!

5.) Text or call a person a day this week who is not in your immediate family but with whom you are close.

6.) Reach out this week by text, email, on Facebook, or by written note to someone you are concerned about. Not someone in a crisis, just someone the Spirit has nudged you about. Pray for them. One of these weeks will be focused on the pray for one another.

7.) Seven is a complete number in the Bible. So one more. Reach out to someone this week who has come along side of you and encouraged you. Thank them for their ministry of encouragement in your life.